



January 2019

SAN DIEGO COUNTY Calendar of Events

La Jolla Polar Bear Plunge Jan. 1

Join the La Jolla Cove Swim Club at their annual Polar Bear Plunge and chili potluck. You don't have to swim or even get wet, but if you do, you get to say you did. Wear warm clothes and bring chili, soup, or another warm food to share. Cider and coffee will be provided.

10am / La Jolla Shores www.lajollacoveswimclub.com

Cos-Losseum Cosplay Con (C3) Jan. 5

We focus solely on the art and passion for Cosplay. While also keeping our show smaller, more personable, and affordable we also manage to provide you with activities, guests, and all the aspects one would look for in a Convention of this style.

Four Points Sheraton Hotel, San Diego www.cos-losseumcon.com

Springboard West Music Festival Jan. 10-12

For three days, emerging artists from all over the world, industry professionals and locals will gather in Ocean Beach to celebrate the future of music. a two-day "Band Bootcamp" where 40 bands and 10 solo artists cherry picked from the over 3,000 submissions will attend workshops, panels and pitch sessions with veterans and professionals in the music industry. Culminates on Saturday with the wildly popular Band & Brew Crawl.

10am / Ocean Beach Playhouse www.springboardwest.com

soundON Festival of Modern Music Jan. 10-13

Brings together an international roster of composers and performers to present a four-day exploration of contemporary chamber music. The four-day long series of concerts, performances, workshops, lectures, and art is curated by Franklin Cox and Christopher Adler.

Athenaeum Music & Arts Library, La Jolla

858-454-5872 / www.ljathenaeum.org/sound-on

Poway Winter Festival Jan. 11-12

Whether you're building a snowman, sledding down the snow hill, roasting marshmallows by the campfire, making silly faces in our free photo booth, or taking a spin around the synthetic skate rink, come experience the magic and charm of winter like never before! A variety of old favorites and exciting new specialty and food vendors will be on-site.

Fri 5-9pm, Sat 3:30-8:30pm / Poway Community Park www.poway.org

Gem Faire Jan. 11-13

Gem Faire, established in 1989, has become a world-renowned marketplace for the finest in gemstones, beads, jewelry, minerals, fossils, meteorites, lapidary equipment, metaphysical items and much more at the lowest prices today.

Fri 12-6pm Sat 10am-6pm, Sun 10am-5pm / Del Mar Fairgrounds

503-252-8300 / www.gemfaire.com

SD Resolution Run 5K/10K/Half Marathon Jan. 13

Get ready to shed a few of those holiday pounds and lighten the impact you leave on the earth at this inspirational waterfront event that benefits Wild Willow Farm & Education Center, an eco-friendly organization supporting a healthier SoCal food system. Post-race Wellness Village.

7:15-10:30am / Tecolote Shores South Park, Mission Bay

www.sandiegoresolutionrun.com

Fallbrook Chamber Member Expo Jan. 16

Free to attend! A great opportunity to discover and learn about all that our community has to offer. Light appetizers, cash bar, networking, prizes, Aquaterra same-day dining discount.

3-7pm / Pala Mesa Resort www.fallbrookchamberofcommerce.org

Borrego Springs Film Festival Jan. 17-21

A young and popular Southern California juried film festival in the categories of narrative, documentary, animation, latino, and short films. BSFF filmmakers are honored guest in our town. We'll treat you to a wonderful opening gala, parties, a private lounge area, and discount lodging in Borrego Springs.

Borrego Springs Performing Arts Center

760-440-5338 / www.borregospringsfilmfestival.org

Kids Marathon Mile Jan. 19

1-mile fun run for kids of all ages and abilities. Participants can run, walk, skip or stroll, or even be pushed in a stroller or carried on a back as they wind through the park, making their way to an exciting, spectator-filled finish line. Each finisher is presented with a shiny finisher's medal and treated to a fun post-event party with a DJ, activities, light refreshments and booths.

6:30-10am / LEGOLAND California, Carlsbad

760-692-2900 / www.carlsbadmarathon.com

City Heights Health Fair Jan. 19

M.E.M.O. at UCSD is holding our annual Health Fair, a free event that is open to the public, and include representation from a wide variety local health providers and mobile clinics for all to enjoy. Our goal is to engage and educate lower-income families in San Diego communities so that they can seek out various local providers of health-related services to help them build happier and healthier lives.

8:30am-12:30pm / Copley-Price Family YMCA www.eventbrite.com

Travel & Adventure Show Jan. 19-20

Discover the Leading Destinations, Local Travel Experts, Top Celebrity Personalities, Comprehensive Content, and Exclusive Travel Deals That



First American Title™



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You Just Can't Find Anywhere Else. Get a taste of faraway cultures at the Taste of Travel Theater and feel the rhythm and vibes of distant lands on the Global Beats Stage.

Sat 10am-5pm, Sun 11am-4pm / San Diego Convention Center
203-878-2577 / www.travelshows.com

Martin Luther King Jr. Day Parade Jan. 20

The parade is filled with dazzling floats, phenomenal High School Bands, Drill Teams, College, Fraternities & Sororities, Churches, Peace and Youth organizations. This parade is coordinated by the Zeta Sigma Lambda Chapter of Alpha Phi Alpha Fraternity Inc., the oldest African American fraternity in America, founded in 1906.

2-5pm / Harbor Drive - Embarcadero
619-264-0542 / www.alpha-zsl.org

Carlsbad Marathon & Half Marathon Jan. 20

Our 26 fully staffed course support stations, continuous entertainment and unsurpassed volunteer support are just a few of our outstanding features. We also offer each participant a gender specific long-sleeve technical fabric shirt, virtual goody bag, spectacular finisher's medal, post-race mylar blanket, refreshments (including chocolate milk!) and more.

7am-1pm / The Shoppes at Carlsbad
760-692-2900 / www.carlsbadmarathon.com

San Diego Restaurant Week Jan. 20-27

A FEAST for the senses at over 180 participating restaurants. Dine deliciously at restaurants offering prix-fixe menu options throughout San Diego County. This foodie-favored week is the perfect time to take a culinary tour throughout the diverse and thriving food culture of San Diego. For one week only, over 180 participating restaurants will offer three-course prix-fixe dinner menus for \$20, \$30, \$40 or \$50 per person and/or two-course prix-fixe lunch menus for \$10, \$15 or \$20 per person. www.sandiegorestaurantweek.com

Martin Luther King Jr. Day Jan. 21

Outdoor cultural arts & craft vendors marketplace, and Oneworld Cafe - vegetarian food served! Featuring: Native American Ceremony, Danza Azteca, West African Dance, Afro-Cuban Percussion and Dance, Middle Eastern Belly Dance, Hip Hop Performance by Junkyard Dance Crew and More!

12-8pm / WorldBeat Center, San Diego
619-230-1190 / www.worldbeatcenter.org

San Diego Sunroad Marina Boat Show Jan. 24-27

We'll have the brands and companies you've come to know and love, as well as new marine services and products, free boating seminars, boat rides, libations and more. New & Pre-Cruised Sailboats and Motor Yachts at our In-Water Display. Dozens of Marine Vendors with the Latest Nautical Products & Services. Delicious Food and Drink Sponsored by our Local Restaurants. Special Boating Events and Boat Rides for Kids and Adults. Lots of Fun for Real Boaters!

Sunroad Resort Marina: 955 Harbor Island Drive
619-497-5254 / www.bigbayboatshow.com

Farmers Insurance Open Jan. 24-27

Come to enjoy everything San Diego has to offer! The ocean views, the world-class competition, and fan attractions including, The Michelob ULTRA Zone, Fan Village, autograph areas, a variety of locally themed concession stands and much more!

Torrey Pines Golf Course, La Jolla
858-886-4653 / www.farmersinsuranceopen.com

Winter Home Decorating/Remodeling Show Jan. 25-27

Hundreds of exhibitors for all of your home improvement needs from landscaping, remodeling, home additions and more. For 44 years Home Show USA has been bringing buyers and sellers together in a neutral setting, by producing a one-step shopping center for home and commercial improvements. Discounts offered by exhibitors.

10am-5pm / Del Mar Fairgrounds
800-999-5400 / <http://homeshowsusa.net>

Save Your Scraps Jan. 26

Join I Love A Clean San Diego (ILACSD) and the City of Chula Vista for a organics workshop. Learn how to keep organics out of the landfill by shopping smart, storing food properly, and composting your scraps. Join us for a fun informational session with a free make and take project, an 'eco kids' craft corner, and raffle prizes too!

10am-12pm / Monteville Community Center, Chula Vista
www.chulavistaca.gov

Santee Active Lifestyle Expo & USATF National 50 km Racewalk Championships Jan. 26

Watch professional athletes compete, Health & wellness activities, Extreme obstacle courses, Firefighter challenge, BMX trick shows, Vendor fair, Free breakfast (while supplies last).

7:30am-2:30pm / Santee Trolley Square
619-258-4100 x219 / www.santeeactiveexpo.com

San Diego Cat Show Jan. 26-27

The nation's finest cats will vie for top honors at "Food & Water Bowl XXIV," the largest annual cat show on the West Coast. There will be more than 450 cats from more than 42 recognized cat breeds in competition.

Sat 10am-5pm, Sun 9am-5pm / Del Mar Fairgrounds
760-746-7800 / www.sandiegocat.org

Lung Force Walk Jan. 27

Join us as we walk together to raise awareness and funds to defeat lung cancer and raise our voices for lung health. LUNG FORCE Walks are a time to laugh, learn and imagine a world free of lung disease. Our walks promote fitness and help forge lasting connections between participants.

7:30am / NTC Park, Liberty Station
<http://action.lung.org/SD>

San Diego Black Film Festival Jan. 30- Feb. 3

In order to spotlight African American & African Diaspora Cinema, we screen over 100 films each year: Comedy, Drama, Documentaries, Animation, GLBT, Horror, Religious, Foreign/African Diaspora, Shorts, Feature Films and music videos.

619-232-0401 / www.sdbff.com

SDSU Writers' Conference Jan. 31-Feb. 2

Whether your goal is direct feedback on your work from a top-tier agent or editor, or simply to elevate your craft and enjoy the camaraderie of a literary community, the 2019 SDSU Writers' Conference is for you.

DoubleTree Hotel San Diego/Mission Valley
<https://ces.sdsu.edu>